



WELCOME

your peel journey with Zenyu

WELCOME TO YOUR PEEL JOURNEY

ZENYU SKIN & BEAUTY

First of all...

We are so excited to be a part of your journey, and give you the skin results you are after.

Not only have we worked with DMK for years and performed these peels before, but Casey has also experienced this peel and been on this journey. This has to be one of DMK's best treatments, as the results are phenomenal. Please do not hesitate if any questions, want reassurance about the process or have questions about your home care as we are here throughout this journey to guide you.



What is the RP/Pro Alpha Peel

RP (Remodeling Procedure) is designed to remodel the architecture of the skin and revise dysfunctional processes that have developed as a result of ageing and sun damage. Reconstructing and returning the skin to its original functioning condition, RP does more than just revise signs of ageing. This intensive peel is ideal for skin affected by acne, pigmentation, ageing, sun damage, scarring, and stretch marks, as it peels away the old skin and restructures the new skin from deep within, not only do you see an amazing result within 10 days, this treatment continues to work under the depths of the skin for up to 4 months.

The RP (Remodeling Procedure) Peel is based on the preservation of healthy and attractive skin on both the body and the face. RP uses an exclusive blend of natural plant and fruit sugar acids and Vitamin A, applied systematically in layers. The RP Peel treatment revises premature aging on the skin that has developed as a result of the sun or environmental damage.



Prep

Prepping for the Peel: Preparation and a thorough consultation are key when performing an advanced skin treatment like the RP. We always perform a minimum of 2 DMK enzyme treatments prior to commencing the application of the peel solution. The DMK Enzyme is the absolute hero in this program and is crucial for pre-and post-care. Your skin will need to be prepped for a minimum of 10 weeks prior with specific homecare products. Your home care will also play a huge role in the overall results, healing and resurfacing of your skin. You will need to be prepped on these products prior to the peel.

- DMK EFAS -Internal supplement
- Melanotech Drops - Pigment Inhibitor
- Betagel - Skin healing and immunity serum
- Vit C - Pigment inhibitor and antioxidant
- Revitosin- Vitamin A 10-Day Prep
- Herbal pigment oil & Herb and mineral mist- Topical EFA, skin softening and hydrating mist.
- Contraderm crème - soothing cream
- Water and lots of it.
- Relax supplements may be added depending on stress level.

You will be given a skin prescription outlining how and when to use these products. 10 days prior to your peel Revitosin (Vitamin A) is applied every night for 10 days. Vitamin A is a very important part of the prepping stage. The skin may become slightly dry and pigmentation may become darker in colour. This is caused by the skin cells moving quickly to the surface (Can become a slight yellow in color, this is all apart of the process.)

The Day's Ahead

Day 1

Now the fun can begin. First day of your peel application. We mix the solution and start applying to your skin. The aim is to continue to push the product into the skin until it can not take any more and starts to create a tackiness on the surface. When the peel is first applied it will feel tingly but as the solutions starts to seep further into the skin layers, you will feel more heat. This is completely normal. We will fan the skin during this stage. When we see a frosting of the skin which again is completely normal, we know the skin has taken all it can, this will differ from each individual therefore the peel solution is tailored to your skin. The solution needs to be left on the skin for a minimum of 8 hours, so we always suggest booking your appointment towards the end of the day so you can go home and sleep in it. The skin will feel tacky and you will have a beautiful yellow tinge. It's okay, it is all part of the process.

SkinTip: (use an old pillowcase as this might stain)

Day 2.

Wake up, take your EFA tablets and follow your prescribed product routine, don't forget your water.

Day 2 (afternoon) is where we apply our second layer of the Peel in salon. This is basically the same as day one, however, we may avoid certain areas with our peel solution depending on how the skin has responded to the first layer. You will feel hot, tight and tingly, like day one. You will again go home and leave the solution on for 8 hours.

Take x 2 EFAs before bed and lots of water continued.

Day 3.

Wake up and follow your prescribed routine. Your skin by this point will feel tight, red, dry and uncomfortable. Some people at this stage can still apply makeup, but by the end of the day, you will notice some cracking and lifting of the skin around the mouth. The skin will generally start to crack and peel from the middle of your face first, as this is where we have more movement through facial expressions, eating and drinking etc. This can feel itchy, but it is really important not to pick or scratch the skin. Hard, we know, but worth it!

Full home care and 2x EFA's .

You can use home care during the day as needed including Contraderm and Herb and Mineral Mist.

Day 4. Full home care morning and night including 2x EFA's

The skin may have turned darker in area's of underlying pigmentation moving up to the surface of the skin. The peeling effect will have well and truly set in, depending on what you do for work we usually suggest day 4 and 5 should be on your days off. We also stress that you must not pick or pull at the skin. This can cause trauma and hyperpigmentation to the new fresh skin coming through. If there are parts of skin that start to hang, we recommend using some sterile nail scissors and gently cutting the dead skin off so it's not irritating.

Day 5. Full home care in the morning & EFA's Morning and night.

Day 5 is your first 'Lift Off treatment' which is coming back into the salon for an Enzyme treatment. This helps to start exfoliating and 'lifting' away the peeling, dry and dead skin. After your first Lift Off is performed, you will feel much better not as tight and most of the dead skin is removed.

Days 5 – 10 Continue to follow your prescribed home care to ensure the skin is receiving the vital nutrients, vitamins and minerals it needs to get optimal rebuilding results. Remember lots of water.

Day 10. (can be moved earlier if needed) This is your second Lift Off treatment. Another Enzyme in the salon. This is again a vital part of the rebuilding process. Enzyme therapy really is the hero part of this remodelling procedure. After this Lift Off, you will continue to use your home care, although this may be altered slightly.

However, the work and results don't stop there. The skin will continue to improve and therefore needs that support with its at-home products as well as maintenance in-salon treatments. We recommend 4-6 weekly treatments as maintenance. You will notice a 50-70% improvement in the condition from your RP treatment in just 10 days.

Maintenance is important as we can come in and fine-tune certain areas that are still a concern.

Casey personally found that the skin looked even better 2 months post-peel while continuing with her supplements and home care.



Day 2



Day 4



Day 5



Day 7



Day 1- Day 10



2 months post Peel

How will I feel, what do I avoid?

The first two days your skin will feel hot and your skin will feel tight until we have our first enzyme lift off, it can also be quite itchy but please refrain from picking or scratching.

If you have Gut issues, or tend to stress more than others we highly recommend our Regul8 digestive tune-up and or our Relax supplements through the time of the peel, not only to maximise the results but not to have any extra inflammation or stress throughout the skin, gut and body as this can interfere with our treatment.

Once we have applied the peel, it is very important to avoid direct sunlight, heat, excessive sweating, saunas, pools, hot showers, sun beds, high-impact fitness, or gym we want you to be relaxed, calm, well hydrated and eating great foods.

At Zenyu we are here for full support of this treatment, any questions, enquiries, or general support a personal number will be given for all hours of contact.

We can't wait to transform your skin and be able to work along side you to achieve your skin goals!



What do our peel packages include?

Option 1: Peel Pack \$1900

Our first package includes our 2 days of the peel application, 2 Enzymes during the peel for our lift-off treatments,

We also include photos with our Observe Machine day 1 and day 10. This is ideal for our clients that are well-prepped on DMK products and are ready to take the next step. Products are not included in this package and will need to be purchased before going ahead*.

You have the option of purchasing a package of 3 LED's for \$240 to help with healing post-treatment.

Option 2: Peel Pack Plus \$3315

This is our second package which includes a complimentary skin assessment for new clients or reassessment for existing clients. 2 Enzyme therapy treatments and 3 complimentary LED sessions will also be included to prep the skin prior to the peel. This package also includes all products that are required to prep the skin and use after the peel. The 2 days of the peel application and 2 Enzymes during the peel for our lift-off treatments. We also include photos with our Observe Machine day 1 and day 10. This is ideal for the client that needs to prep for the peel and wants everything included.

What if I need other products than what's included in package 2?

Some clients may require 1 or 2 extra products depending on the severity of their skin conditions needing to be revised. This is not included in the price package and needs to be purchased separately as it is dependent on the client's needs and will be discussed with the client during their consultation and assessment.

Payment Options

You will be required to pay a non-refundable deposit of 30% to book your appointments and take your products on the day to start the prep for your skin. This deposit covers the cost of products you have taken, in case you decide to not go ahead with your peel. You can pay off your package over time, but it must be paid in full prior to the first application of your peel.

Afterpay is also available for both packages.